



**Fr Peter Devlin P.P. Fr Charley Logue C.C. Mass Times**

Malin                                      Malin Head                                      St. Patrick's Church - Saturday 6pm Sunday 10:30am  
 074 93 70615                                      074 93 70134                                      Star of the Sea Church - Saturday 8pm Sunday 12 noon  
**E-Mail:** [malinparish@hotmail.com](mailto:malinparish@hotmail.com)                                      St. Mary's Church - Sunday 9am

**Web Site:** [www.malinparish.ie](http://www.malinparish.ie)      **Facebook:** Malin Parish

**Weekday Masses:**

**St. Patrick's Church, Aughaclay:**                                      Tuesday and Wednesday at 7:30pm  
**Star of the Sea Church, Malin Head**                                      Monday at 10am  
**St. Mary's Church, Lagg:**                                      Thursday at 9:30am

**Anniversary Mass:** Ellen Gorman, Carnmalin on Saturday 7<sup>th</sup> August at 8pm in Stat of the Sea Church.  
**Month's Mind Mass:** William Synott, Croghan, on Saturday 7<sup>th</sup> August at 6pm in St. Patrick's Church.  
**Anniversary Mass:** Bill Coffey, Killourt on Saturday 14<sup>th</sup> August at 8pm in Stat of the Sea Church.  
**Anniversary Mass:** Mary J McDaid, St Boden's Culdaff, on Sunday 15<sup>th</sup> August at 10.30am in St Patrick's Church  
**Memorial Mass and burial of Ashes:** Denis McLaughlin, Leiter, on Wednesday 25<sup>th</sup> August at 7:30pm in St. Patrick's Church.  
**First Anniversary Mass:** Paddy Mc Laughlin, Muff, Culdaff on Friday 27<sup>th</sup> August at 7:30pm in St. Patrick's Church.  
**First Anniversary Mass:** Cassie Mc Colgan, Lematuder, Saturday 28<sup>th</sup> August at 6pm in St. Patrick's Church.

**New boxes of Parish Collection envelopes for July to December are in the churches.** Parish envelopes are the preferred way to support the parish. Please take one box per adult parishioner. Given the serious financial deficit which the parish suffered due to covid your increased support is essential at this time. Please make cheques payable to "Malin Parochial".

**Collections for last week: Thank You.**

	<i>Aughaclay</i>	<i>Malin Head</i>	<i>Lagg</i>
<i>Parish</i>	685	350	160
<i>Restoration</i>	685	345	155

Parish Fund –	€ 1195
Restoration Fund –	€ 1185

**Parish Draw July**

	<b>€200</b>	<b>€100</b>	<b>€50</b>
<b>4/7</b>	175 EDDIE HOUTEN	408 SERENA DEEGAN	404 BETTY HOUTEN
<b>11/7</b>	378 GERALDINE MC GONAGLE	428 ROSE GALLAGHER	316 MARK KELLY
<b>18/7</b>	416 MARY T CUNNINGHAM	339 JOE MC KINNEY	164 ELEANOR FARREN
<b>25/7</b>	349 MONICA SIMPSON	283 VERA MC KINLEY	357 NUALA DOHERTY JJ

**Weddings in Malin Parish in 2022 and 2023:** Please contact Fr. Devlin to ensure that all proposed wedding details are in the Parish Diary.

**Scoil Treasa Naofa, Malin,** has developed an ASD (autism spectrum disorder) special class .The school cherishes children of different abilities and feels the integration of children where possible, is beneficial for all children. In a unit setting, children access the curriculum with hands on and sensory activities. A Speech and Language Therapist has recently joined the staff to complement its staff resources. The school welcomes pupils from all areas.

**Malin Parish and Malin GAA,** "Honk Your Horn Bingo" at 6pm in Connolly Park on Sundays.

**Nineteenth Sunday in Ordinary Time**

**First Reading: 1 Kings 19:4-8**

**Revived by miraculous food and drink, Elijah reaches the mountain of God**

Elijah went a day's journey into the desert, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

**Gospel: John 6:41-51 Jesus is manna from heaven. Whoever eats this bread will live forever**

The Jews began to complain about Jesus because he said, “I am the bread that came down from heaven.” They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven’?”

Jesus answered them, “Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise them up on the last day. It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life.

“I am the bread of life. Your ancestors ate the manna in the desert, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh, for the life of the world.”

**Living by this bread**

The annual holiday has become standard in our society; it is part of the contract for most jobs and professions, This is topical right now, in the time of the year when holidays are being enjoyed, and because it may help us reflect on what “real living” is and specifically what the link is between the Eucharist and this “real living.” People look forward to their holidays as the chance to get away, free from the pressures of their work. For a young person it can conjure up all kinds of possibilities of adventure, new experiences, a time to be oneself — or even to find oneself. More settled adults have more limited expectations. The holiday offers less the prospect of new discoveries or experiences, and more the chance for rest, the restoring of flagging energies and perhaps renewing their joyfulness and zest for life. Whether young or old the holidays are a time to be really ourselves and to really live and ideally they help us to live with more zest when we return to “normality.”

This time of leisure is a time for recreating, restoring our lives, ultimately to benefit our living. It is not in itself the object of our life. We do not live in order to have leisure, we have leisure in order to live. This may sound trite but most people feel it when a holiday is too long or perhaps just a little aimless, the idea of endless leisure somehow sounds intolerably boring.

This image of rest and recreation links up with Eucharist and Christian living. In today’s reading, we see Elijah as a man who has had too much of this life and its burdens. His mission to fight against the paganism promoted by Queen Jezebel had sapped his energies and hopefulness, and he wanted out. Unfortunately there was no such thing as a vacation for the prophet, but he did seek rest and renewal by going to the mountain of God, searching for God who alone could give him the renewed faith and courage he needed. It was out there in the wasteland of his life that he found the bread of God which gave him the strength he needed.

Like the adventurous youngster, the tired worker and the jaded prophet, the Christian, too, needs rest and recreation if he or she is to really live the life that God has given us. Today’s second reading has guidelines on what kind of living is involved here. It offers a standard against which we can measure ourselves, to see whether we are really living (in the Christian sense) or not. There are warning lights to show if our spiritual lives are running down or we are becoming dispirited — malice, bitterness, slander. These are forms of weakness which lead us to snap at our neighbour; they are destructive. We can usually rationalise them in terms of the difficulties we are facing, we have suffered disappointments, frustrations of our plans, emotional rejection by others, etc.

Living as a Christian involves trying to make our response to such hardships tune in with the response of Christ himself, For the Christian to “really live” is to live “like Christ” and that means to live “in Christ.” What does this kind of living look like? It looks like constant kindness to those around us, constant forgiveness of their annoyances and the ways they reject us, the ability to be tender-hearted towards anyone in need. It is a kind of living to which we would all aspire and even occasionally achieve, but it is a kind of living that needs constant support and nourishment if it isn’t to die out altogether.

The perfect model of this way of living is Christ and he is the only possible source for us, only he can give it to us and nourish it in us. He does this by his giving himself to us in the Eucharist. Here we receive the bread of life, we are united to Christ through our believing in him, listening to his word and receiving his body and blood. If this communion with him is real and not sham then we have his life in us and it must show itself by our leaving Mass every Sunday to go and live like him. Living the Christian life really means living out what we have celebrated in the Eucharist. Equally we need to learn that without this frequent return to the bread of life we will be unable to keep the spirit of Christ alive in our hearts.

Just as we need holidays so we need spiritual recreation. Our Eucharist is a source of re-creation, a source of new life in us. Here we can find new inspiration and vision through the Word of God. Here we can have our faith renewed and we are given the strength to live it out.